# **SARAH WILCOXON**

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## **EDUCATION & TRAINING**

## Florida State University, 2016

Master of Fine Arts: Dance

Concentration: Choreography, Performance

### Illinois State University, 2013

Master of Science: Communication

Concentration: Performance Studies, Rhetoric

### University of Illinois, 2010

Bachelor of Science: Recreation, Sport, and Tourism Management

#### **Certifications:**

Stott Pilates (comprehensive certification) Progressing Ballet Technique JUVO Board

Member: International Association of Dance Medicine and Science & Pilates Method Alliance

## **TEACHING**

## Missouri State University - Assistant Professor

2016 – present	DAN146/245/345/445	Jazz, all levels
-	DAN 130/230/330/430	Ballet, all levels

DAN 592	Performance
DAN 499	Projects: Directed Independent Study in Dance Conditioning
DAN 497	Dancing for the Actor
DAN 492	Senior BFA Review
DAN 482	Senior Project in Dance
DAN 365	Somatic Practices: Pilates
DAN 364	Applied Kinesiology for the Dancer
DAN 348	Partnering
DAN 323	Musical Theatre Styles
DAN 240	First Year Seminar: Introduction to the Profession
DAN 216	Elementary Contemporary Dance
DAN 180	Introduction to the Dance

#### Master Classes, Workshops, and Intensives Central Washington University

2020	Central Washington University	Musical Theatre Dance Master Class
2019	Springfield Ballet Missouri State University Conducting Missouri Fine Arts Academy	Musical Theatre Dance Workshop Somatics Workshop Choreography Master Class
2018	Savannah College of Art and Design Missouri State University Conducting	Dance Film Master Class Somatics Workshop
2017	Illinois High School Theatre Association Florida State University Summer Intensive	Musical Theatre Dance Class Faculty – Musical Theatre, Conditioning
2016	Suzanne Farrell's Young Dancers Workshop	Musical Theatre Master Class

### **Additional Teaching**

2018 – 2019 Thesis Committee for Athletic Training Graduate Student

2018 - 2019 Studio Series Directing/Choreography mentor

2017 – present **BodySmith Pilates** 

Pilates Instructor

2015 - 2016 Florida State University School of Dance Conditioning Studio

Conditioning Coach/Trainer

2015 – 2016 The Tallahassee Ballet School

Ballet, Pointe

2015 Florida State University School of Dance Summer Intensive

Musical Theatre Faculty Conditioning Coach/Trainer

## **RESEARCH**

#### Dance Film

Sea Legs: A Dance Film (2019) Direction by

Direction by Sarah Wilcoxon & Quinlan Orear Choreography by Sarah Wilcoxon and Brittney Banaei Sound Design by Daniel Smith Performed by Emily Hughey and Kendra Key Adjudicated screenings:

- FilmFest by Rogue Dancer Raleigh, NC (2020)
- Astoria Film Festival Astoria, NY (2020)
- Cyprus International Film Festival Nicosia, Cyprus (2020)
- Tiny Dance Film Festival San Francisco, CA (2020)
- Toronto International Nollywood Film Festival Toronto, Canada (2020) \*\*award winner – best dance video
- Tipperary International Dance Festival Tipperary, Ireland (2019)

Querencia: A Dance Film (2017)

Direction by Sarah Wilcoxon and Quinlan Orear Choreography by Sarah Wilcoxon and Jocelyn Perez Sound Design by Matthew DelCiampo Performed by Jocelyn Perez Adjudicated screenings:

- FilmFest by Rogue Dancer Raleigh, NC (2020)
- Lights Dance Festival Toronto, Canada (2018)
- EnCore Dance on Film Decatur, Georgia (2018)
- Frame+Form | Screen Dance Festival Asheville, NC (2018)
- American Dance Festival's Movies by Movers Durham, NC (2018)
- Life in Motion Dance Film Festival Denver, CO (2018) \*award winner – audience choice
- Screen Dance Festival Stockholm, Sweden (2018)
- Utah Dance Film Festival Orem, Utah (2018)
- Next Dance Cinema Seattle, WA (2017)

Musicals

2020 The Wiz Peoria Players Theatre; September 11-20

\*cancelled due to COVID-19 Directed by Bryan Blanks | Choreography by Sarah Wilcoxon

The Producers Tent Theatre; July 8-18

\*cancelled due to COVID-19 Directed by Jessica Ryan | Choreography by Sarah Wilcoxon

Xanadu! Tent Theatre; June 10-20

\*cancelled due to COVID-19 Directed by Joe Price | Choreography by Sarah Wilcoxon

2019 Oklahoma! In Concert Springfield Symphony Orchestra; November 9-10

Directed by Robert Westenberg | Conducted by Kyle Wiley

Pickett | Choreography by Sarah Wilcoxon

Cats Missouri State University – October 24-28

Choreography & Direction by Sarah Wilcoxon | Associate

Choreography by Jake Wobbe

Catch Me If You Can Tent Theatre; July 10-20

Directed by Christy Montour-Larson | Choreography by Sarah

Wilcoxon

2017 PIPPIN Missouri State University – October 26-29

Directed by Robert Westenberg | Choreography by Sarah

Wilcoxon and Jacob Wobbe

**2016** Legally Blonde the Musical Missouri State University – October 13-17

Directed by Kurt Gerard Heinlein

Memphis the Musical Cornstock Theatre – August 26 - September 3

Directed by Bryan Blanks

**Concert Dance** 

**2020** Cloven Kingdom Paul Taylor Dance Company's Annual Gala – November 19

Choreography by Paul Taylor | Directed by Jessica Ryan | Assistant Directed by Sarah Wilcoxon | Performed by Paul Taylor Company

Runes Paul Taylor Dance Company's Annual Gala – November 19

Choreography by Paul Taylor | Directed by Jessica Ryan | Assistant Directed by Sarah Wilcoxon | Performed by Paul Taylor Company

2019 Black Stripes Springfield Art Museum – May 2

2018 Disco Fever Missouri State University – May 3-6

Tatreez Missouri State University – May 3-6 (Choreography & Co-choreography by Brittney Banaei

Sound Design)

Part 1: The Reckoning American College Dance Association Conference – March 16-19

2017 Woke Missouri State University; Coger Theatre – May 4-7

Love Letter Missouri State University – May 4-7

Music arranged by Mason Kelso

Embodied Cognition Missouri State University – May 4-7

2016 Dimensions of Being The Fringe Festival; Chicago, IL – September 1-4

Music by Matt DelCiampo

Dimensions of Being Florida State University – January 21-23

**Industrials** 

2018 Pipeline Innovators Gala Midland Theatre; Kansas City, KS – January 25

CEO and Producer: Joni Cobb

Choreography and Direction: Sarah Wilcoxon

2017 Pipeline Innovators Gala Midland Theatre; Kansas City, KS – January 25

CEO, Producer, and Director: Joni Cobb

Choreography: Sarah Wilcoxon

#### **Research Presentations**

Dance Science and Somatics Educators Conference; August 2020 (\*Postponed due to COVID-19) Structuring consent: Agentic control of bodies in the rehearsal space

International Pilates Method Alliance Conference: October 2018 The Perceived Effects of Reformer Training with University Dancers

Dance Science and Somatics Educators Conference: August 2018 Partnering – Somatics, Consent, and Student-Centered Teaching Practices

International Association of Dance Medicine and Science 2017 Annual Conference: October 2017 Creating a Culture of Wellness in Dance

#### **Interviews**

Astoria Film Festival: July 2020 Interview with the Director: Sea Legs

Dance Teacher Magazine: October 2019

What Do Our Dancers Need Now?

DanceWell Podcast: March 2019 Partnering in a #MeToo Era

Life in Motion Dance Film Festival: February 2018

Post Screening Talk Back: Querencia

#### **Invited Lectures and Lecture Demonstrations**

Cox Hospital, Total Performance Arts Conference: February 2019 Professional Expectations, Training Gaps, and Dancing with Pain and Injury

Missouri State University Public Affairs Conference: April 2017

Embodying Difference: Inertia Dance Company and Public Affairs Lecture Demonstration

Springfield Art Museum, Placeworks Program: September 2016

Tools of the Choreographer Interactive Lecture

State of Florida, Capitol Building Children's Week Celebration: January 2016

Dimensions of Being Process Demonstration

## **HONORS AND AWARDS**

#### International Association of Dance Medicine and Science

2020 Nominee: Educator of the Year

#### Springfield Art Museum

May 2019 Commission to create *Black Stripes* as responsive/immersive dance performance

#### Life in Motion Dance Film Festival

February 2018 Audience Choice Award - Querencia

#### Missouri State University

2020 Acknowledgement for Excellence in Teaching during COVID-19 (Faculty Center for Teaching & Learning)

2019-2020 Faculty Research Grant

2018 Mideast Meets Midwest Grant

#### Missouri State University College of Arts and Letters

February 2018 COAL Special Projects Funding

Summer 2017 First Year Faculty Summer Fellowship

### Florida State University's Friends of Dance

August 22, 2016 Travel Award for the Chicago Fringe Festival

#### **SERVICE**

#### Missouri State University

#### Committee Service

2018-2020 Faculty Senate Representative for Theatre and Dance 2018-2019 College of Arts and Letters Dean Search Committee

#### Missouri State University Department of Theatre and Dance

## Wellness Program

2017- present Creation and implementation of Conditioning Studio staffed by Athletic Trainer 20 hours per week

February 2017 Coordinator of two dance wellness guest artists teaching at MSU for a week.

2016 Integrated somatics into Theatre and Dance Department curriculum

#### **Committee Service**

2020 – presentBID Committee, Co-Chair2019 – presentRecruitment Committee, Chair2017- 2018Department Head Search Committee2017- 2018Recruitment Committee, Co-Chair

2015- present Play Selection Committee

#### Other Service

2020- present
2018 - present
2018 - Co-coordinator of MSU's Dance Program
MO State Dance Co. Faculty Advisor
Coordinator of ACDA travel for Dance Area

## Any Given Child - Springfield, MO

2020 – present Theatre and Dance Department Coordinator for Any Given Child

2017 – present Action Committee member

Coordinating Any Given Child performance for Spring Dance Concert
13 performances by Inertia Dance Company in Springfield schools
15 performances by Inertia Dance Company in Springfield schools